



JV BARONIE

JAPANESE JUDOTERMEN

Beenworp

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| 1° beenworp = O Soto Gari | 9° beenworp = O Soto Otoshi |
| 2° beenworp = De Ashi Barai | 10° beenworp = Ko Soto Gari |
| 3° beenworp = Hiza Guruma | 11° beenworp = Sasae Tsuru Komi Ashi |
| 4° beenworp = Ko Soto Gake | 12° beenworp = Harai Tsuru Komi Ashi |
| 5° beenworp = O Uchi Gari | 13° beenworp = Soto Gake |
| 6° beenworp = Ko Uchi Gari | 14° beenworp = Ko Uchi Maki Komi |
| 7° beenworp = Okuri Ashi Barai | 15° beenworp = Ashi Guruma |
| 8° beenworp = O Soto Guruma | |

Heupworp

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| 1° heupworp = Uki Goshi | 9° heupworp = Utsuri Goshi |
| 2° heupworp = Kubi Nage | 10° heupworp = Uchi Mata |
| 3° heupworp = Tsuru Goshi | 11° heupworp = O Goshi |
| 4° heupworp = Koshi Guruma | 12° heupworp = Ko Tsuru Goshi |
| 5° heupworp = Harai Goshi | 13° heupworp = O Guruma |
| 6° heupworp = Hane Goshi | 14° heupworp = Yama Arashi |
| 7° heupworp = Ushiro Goshi | 15° heupworp = Obi Goshi |
| 8° heupworp = Tsuru Komi Goshi | |

Armworp

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| 1° armworp = Tai Otoshi | 6° armworp = Sumi Otoshi |
| 2° armworp = Uki Otoshi | 7° armworp = Obi Otoshi |
| 3° armworp = Hiji Otoshi | 8° armworp = Kata Ashi Dori |
| 4° armworp = Sukui Nage | 9° armworp = Ryo Ashi Dori |
| 5° armworp = Mochiage Otoshi | |

Schouderworp

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| 1° schouderworp = Ippon Seoi Nage | 4° schouderworp = Seoi Otoshi |
| 2° schouderworp = Morote Seoi Nage | 5° schouderworp = Hidari Seoi Nage |
| 3° schouderworp = Kata Guruma | 6° schouderworp = Seoi Age |

Sutemi

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| 1° sutemi = Tomoe Nage | 9° sutemi = Kani Basami |
| 2° sutemi = Yoko Tomoe (Nage) | 10° sutemi = Yoko Otoshi |
| 3° sutemi = Maki Tomoe | 11° sutemi = Hane Maki Komi |
| 4° sutemi = Maki Komi | 12° sutemi = Ura Nage |
| 5° sutemi = Yoko Gake | 13° sutemi = Yoko Guruma |
| 6° sutemi = Tani Otoshi | 14° sutemi = Yoko Wakare |
| 7° sutemi = Sumi Gaeshi | 15° sutemi = Taware Gaeshi |
| 8° sutemi = Uki Waza | |